

# 7 Years Old

**Count:** 16    **Wall:** 4    **Level:** Beginner

**Choreographer:** Michael Desire Nieto (FR) Feb. 2016

**Music:** 7 Years by Lukas Graham (60 bpm)



**Start after 16 counts intro**

**Section 1: BASIC NIGHT CLUB TWICE, SIDE ROCK BEHIND SIDE CROSS, SIDE ROCK CROSS**

- 1.2 & : Step left to left side, rock right back behind left, recover onto left
- 3.4 & : Step right to right side, rock left behind right, recover onto right
- 5 & : Rock left to left side, recover onto right
- 6 & 7 : Cross left behind right, step right to right side, cross left over right
- & 8 & : Rock right to right side, recover onto left, cross right over left (body facing 10.30)

**Section 2: 1/4 TURN L, STEP LOCK STEP, ROCKING CHAIR, JAZZ BOX CROSS, SWAY SWAY**

- 1 : 1/4 turn left stepping L forward (9.00)
- 2 & 3 : Step right forward, lock left behind right, step right forward
- 4 & 5 & : Rock left forward, recover onto right, rock left backward, recover onto right
- 6 & 7 & : Cross left over right, step right back, step left to left side, cross right over left
- 8 & : Step left to left side and sway, step right to right side and sway

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